

How to Collect and Transport a Sample to Test for Pinworm

You must properly collect and transport your sample for the test results to be valid. Please follow these directions below.

1. Get a tube from your physician. It is a paddle with a sticky surface (labeled “sticky side”) inserted into a plastic tube. The tube should have your name and date of birth on it.
2. Collect your sample in the morning before going to the bathroom or bathing.
3. To collect a sample, pull the paddle out of the tube. Gently blot it against the skin surrounding your anus. You may have to blot it 2 or 3 times.
4. Put the paddle in the plastic tube, and put the cap on to close it. Write the date and time you collected the sample.
5. Bring your sample back to the lab for testing.

Visit healthlabtesting.com
or scan the QR code
to see locations and hours.

